

THE BATH BLESSING

First bless the salt (about 1/4-1/2 cup ... I use himalayan rock salt) and then the garlic (2 tbsp either granular or powder). Start the bath water and bless the water. Then add the salt and garlic and soak.

Blessing of the Garlic:

(Garlic has the ability to repel lower astral forms of negativity. No service-to-self astral form will accept coexistence with garlic.)

"We praise the One Creator for the gift of garlic and bless its ability to offer those beings in creation who serve negative polarity a way to depart from us and not return."

Blessing of the Salt:

(When salt is added to water it has the ability to hold vibrations requested of it, especially those of a positive and pure vibration.)

"We praise the One Creator who gave salt the ability to give beings, vestiges, works, and creations of negative polarity a more fitting place to dwell other than with and around us."

Blessing of the Water:

(Start running your hot bath water with this blessing; then add the garlic and salt. Once it has mixed with the water, add in the Key and let it flow wherever it chooses during the bath.)

"We give thanks to the One Creator for the gift of water. Over it the Creator moves Its hand and stirs Its will to be done."

(Bathe for at least 20 minutes. Express gratitude when done. Because we are asking for the the departure of negative beings and their vestiges, creations, and works, it is best to replace their

departure with Radiance when done by holding the Key over your heart chakra and allowing Radiance to flow into you, for you are a radiant being.)