

## **THE HOUSE BLESSING**

Firstly, become aware that in meditation we are able to connect with what is called "fractal consciousness," which means that there exist levels of creation where consciousness serves increasing importance in allowing the Three Domains of Creation to flow through us, using time-space instead of space-time as the primary vehicle. These 3 domains are Radiance (Councils of Creation), Essence (Creator Beings), and Mystery (the Miracle of the Self).

The House Blessing may be used as a cleansing tool. The ritual allows one to move negativity and negative polarity from their life situation. People report wonderful results from removing negative polarity from around them, allowing calming of the mind, peace within the body, and clarity of emotions.

### **Preparation**

Before you can take care of the house, you must first take care of yourself. Get around a cup of water and perform the blessing of the water. Then bless the salt (about 2 tsp ... I use himalayan rock salt but any salt will work) and then bless the garlic (1tsp either granular or powder). Then add the salt and garlic and let them soak (5 mins).

### **Blessing of the Water:**

(Place your hands around the container of water with this blessing; then add the garlic and salt.)

"We give thanks to the One Creator for the gift of water. Over it the Creator moves Its hand and stirs Its will to be done."

### **Blessing of the Garlic:**

(Garlic has the ability to repel lower astral forms of negativity. No service-to-self astral form will accept coexistence with garlic.)

"We praise the One Creator for the gift of garlic and bless its ability to offer those beings in creation who serve negative polarity a way to depart from us and not return."

### **Blessing of the Salt:**

(When salt is added to water it has the ability to hold vibrations requested of it, especially those of a positive and pure vibration.)

"We praise the One Creator who gave salt the ability to give beings, vestiges, works, and creations of negative polarity a more fitting place to dwell other than with and around us."

First bless yourself by dipping your fingers in the mixture and rubbing your hands together saying, "I bless my hands that I may do the work of sacred cleansing." Then touch your third eye with the wetness. Express gratitude when done. Because we are asking for the departure of negative beings and their vestiges, creations, and works, it is best to replace their departure with Radiance, Essence, and/or Mystery when done by placing your hands over your heart chakra and allowing these to flow into you, for you are a radiant being.

After done blessing yourself, now take the mixture to every door frame and rub it on the top and bottom of the frame, saying "I bless this house with positive polarity." When done, give gratitude to the Radiance, the Essence, and the Mystery and allow them to clear whatever is necessary to bring balance and healing to your house.